

Short Guide for visiting consultants and exchange students coming to Denmark, Odense University Hospital/ University of Southern Denmark



Passport and Visa

A valid passport is required for entry into Denmark, and the Immigration Authorities at the airport may ask you to **present the 'Letter of Acceptance'/'Letter of Invitation'**.

A Schengen visa or a temporary residence permit for Denmark is required for citizens from most countries, and it is issued by the Danish Embassy. Expenses for Schengen visa/temporary residence permit for Denmark will be at your own expense. Please note that the processing of a temporary residence permit takes approx. 12 weeks

It is your own responsibility to ensure that the visa/residence permit is valid for the full study period. If the residence permit expires before the end of the study stay in Denmark you should inform The Danish Embassy as soon as possible and no later than one month prior to the expiration of the permit.

The temporary residence permit and the Schengen visa enable you to enter and transit through all Schengen countries. The visa can be valid up to 90 days and it can be issued for one, two or multiple entries. It is not possible to extend a visa. The temporary residence permit can be valid for the full study period with the possibility of an extension. But it is only valid while studying at the predetermined study place.

If you plan to visit other countries outside the Schengen area while in Denmark, you must obtain visas, if applicable, before coming to Denmark.

You are required to carry your passport (or a photocopy) at all times during your stay in Denmark. We recommend that you carry a photocopy of your passport and a copy of your residence card..



Travel to Denmark

You will arrive at Copenhagen Airport (Kastrup) from where there are direct train connections to Odense every hour. If your luggage is delayed or lost, ask the airline for a PIR (Property Irregularity Report) Find the train schedules at <http://www.dsb.dk/koreplaner/> .

Please be aware of rules concerning liquids for hand (carry-on) luggage within the European Union (EU). For further details: <http://www.cph.dk/en/before-travelling/check-in-security-and-luggage/guide-to-rules-for-carry-on-luggage/>



Paid employment in Denmark

You are **not** allowed to take up paid employment while in Denmark.



Climate

The average temperature in the warmest months (June and July) is 16°C.

In the coldest months (January and February) the average temperature is 0°C.

The maximum summer temperature is around 25°C, while winter temperatures may often drop to below 0°C.

As Denmark has a coastal climate, the weather is often windy, rainy and cold. It is advisable to bring warm clothes and shoes/boots suitable for this climate.



Transport

It is very normal to either cycle or use the public transport in Denmark. There are good bus connections all over Odense and it is possible to rent a bicycle for the duration of your stay. Information about this will be given upon your arrival.



Health

As you have already declared in the registration form, you do not suffer from any illness that prevents you from undertaking the stay in Denmark.

If there is any significant change in your health conditions (e.g. pregnancy) after having signed the registration form you must inform us immediately.

Health Insurance

It is vital that you take out a private health insurance covering the period of your stay in Denmark. You are **not** covered by the National Health Insurance Scheme, unless for acute matters (serious accidents and/or illness)

Medicine, spectacles and dental treatment are not covered either. If you use any medicine please bring sufficient supply with you. It is very expensive to purchase prescribed medicine in Denmark.

In case of emergency please call 70 11 07 07 (emergency unit at nearest hospital) or 112 (police)



Other Insurance

In addition to the health insurance schemes, we advise you to take out a private insurance covering accidents, third party liability and theft of personal effects during your stay in Denmark. This is not covered by Odense University Hospital. In case you do not have a such insurance you may be held personally responsible for any damage you cause.



Useful Addresses

Ministry of Foreign Affairs

Address 2, Asiatisk Plads
DK-1448
Copenhagen K

Telephone +45 3392 0000 at all hours
Telefax +45 3254 0533
E-mail um@um.dk
Web site www.um.dk

Office hours: Weekdays: 9am – 4pm.
Saturday and Sunday: closed
Outside office hours use telephone +45 3392 0000

There is no Tanzanian embassy in Denmark, but the one in Sweden represents all the Nordic countries.

Embassy of Tanzania in Scandinavia

Address: Wallingatan 11
PO Box 7255
S-11160 Stockholm Sweden

Telephone: +46-8-50320600 +46-8-50320601
Fax: +46-8-50320602
Mail: mailbox@tanemb.se
Website: <http://www.tanemb.se/>

Embassy of Denmark, Tanzania

Address: Ghana Avenue 1
P.O. Box 9171
Dar es Salaam, Tanzania

Telephone: +255 (22) 216 5200 Mob +255 (0) 784 558 885
Fax: +255 (22) 211 6433
E-mail: daramb@um.dk
Website: <http://tanzania.um.dk>

Odense University Hospital:

Address: Sdr. Boulevard 29
Dept. D Gynaecology & Obstetrics
DK-5000 Odense C
Att. Professor Vibeke Rasch

Telephone: +45 6541 1634 alt. +45 6541 1845
E-mail: vrasch@health.sdu.dk
Website: <http://www.ouh.dk/wm410250> (Dept.)
<http://www.ouh.dk/wm122110> (OUH)

University of Southern Denmark:

Address: Institute of Clinical Research
Winsløvparken 19,3
DK - 5000 Odense C
http://www.sdu.dk/en/Om_SDU/Institutter_centre/Klinisk_institut

See our website <http://www.kcmc-ouh.com/> for more useful links.

DENMARK

